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APU FRIENDS Teahouse Event Calendar 2021

JANUARY

Mental Health Talk 2.0

25th January

Topic: Surviving the Pandemic

Panel involved:

Mahdi

Licensed & Registered Counsellor (KB, PA)
UNITAR International University, Msia

Melanie Chuah

Licensed & Registered Counsellor (KB, PA)
Founder & Principal Healer, Shining Bloom Healing

Cynthia Shoba

Psychology Lecturer (APU), Licensed & Registered Counsellor (KB, PA)

Emily Octavia

Personal Counsellor (APU), Licensed & Registered Counsellor (KB, PA)

FEBRUARY

Sport Mental Health Talk 2.0

24TH February

A talk on Mental & Physical Sports During Pandemic.

MARCH

Free Health Screening & Health Challenge Event

18th – 1st April

10 Days of Health Challenge which starts from 22nd March until 1st April 2021. During these 10 days, participants will be grouped together with coaches to support one and another to succeed in this challenge. The coaches will support in monitoring participants' food intake, providing 1-1 coaching, and uploading healthy recipes for participants to try out. Daily exercises will be available. This is a major leap to an online support system as all these will be done via online.



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Yemeni Graduation Ceremony

7th March

1st batch

Initiative by Yemeni Communities for all Yemeni students in APU.

APRIL

Student Representative Council (SRC) Recruitment Week Online

2nd April– 4th April

Student SRC to organize Recruitment Week also known as Red Week for all clubs & societies to open booth in recruiting new members and to promote their club/societies.

Yemeni Graduation Ceremony

7th April

2nd batch

Initiative by Yemeni Communities for all Yemeni students in APU.

Sri Lankan New Year Calendar Celebration

9th April

The Sinhala & Tamil New Year is a Sri Lankan Holiday celebrated by all to commence the beginning of the new calendar year. These celebrations include many customs and rituals which are unique to the locals and typically begins on the 13th or 14th of April. The uniqueness of this occasion is the celebration of the beginning of the New Year as well as the ending of the old year at the auspicious times stated by astrologers.

The Event will be organized where community members and students can gather to take part in fun activities and enjoy the Sri Lankan cultural performances to make the everyone from different regions of



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world to get to know the Sri Lankan customs and traditions. The significance of the games is that everyone regardless of the age, get themselves involved. When the outdoor games are played the entire neighborhood get together which enhances the unity and eliminate the misunderstandings of the past.

International Islamic Iftar and Tarawih

13th April – 13th May

Muslims all over the world celebrate Ramadan, one of the five pillars of Islam, by refraining from food, water, and conjugal relationship from dawn to dusk. Ramadan is also a time for family union and extended celebration with friends and neighbors, lasting for a month. Extra prayer, charity, recitation, and the celebration of the completion of the holy Quran are highlights of this month. International Islamic Society has arranged for Iftar and Tarawih prayers on campus for the whole of Ramadan Month.

Yemeni Election

28th April

Yemeni's Nomination and Elections for their new committee members.

MAY

Step It Up Tik Tok Competition 2021 by Indian Youth Cultural Society

3rd May

This event will be conducted on Tik Tok. Tik Tok is a social media platform which allows its users to bring out their talents and abilities. Participants will be given a chance to showcase their talents such as beatboxing, singing, dancing, drawing and many more.

SRC Election

IMPORTANT DATES

ITEM	DATES
Nomination Starts	05 th May 2021 (12:00 AM)
Nomination Ends	20 th May 2021 (11:59 PM)
Nominee Email Notification	22 nd May 2021 (5:00 PM)



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Nominee/Election Briefing	26 th May 2021 (TBA)
Campaigning Period	27 th May – 03 rd June 2021
Elections	04 th June 2021 (12.00 AM – 11:59 PM)
Announcement	07 th June 2021 (5:00 PM)

SRC Charity Bazaar Online

5th May – 7th June

A charity Bazaar is held by various Clubs and Societies selling items such as cupcakes, drinks and other items. The proceeds of the sale will be donated in cash to organisations/homes mentioned below:

Beneficiaries for Charity Bazaar

1. Yayasan Sunbeams Home (home to displaced, abused and neglected children of single parents)

Website: <http://www.sunbeamshome.org/>

2. Rakan Shopping Event by the Persatuan Harapan Mulia

Website: <https://www.persatuanharapanmulia.org.my>

3. Pertubuhan Kebajikan Anak-Anak Yatim Dan Oku Mesra (welfare center for children and the disabled)

Website: <https://www.facebook.com/YouShanPJ/>

4. National Kidney Foundation

Website: <http://www.nkf.org.my/page/index/id/1108.html>

NAURYZ Celebration

14TH May

Nauryz is a Central Asian Spring Festival, which signifies New Year, Renewal of life and nature. On this special day, people all around Kazakhstan, Uzbekistan and more celebrates by singing, dancing, and taking part in national games and merrymaking. APU students will showcase their culture such as dance, song, traditional music and costumes. This celebrations will also see other communities participating.



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JUNE

Natchatira Night 2021 by Indian Culture and Youth Society (ICYS)

4th June

A get together by the ICYS community. There will be a slot for new students to showcase their talent. In addition, an ice breaking session, lucky draw best attire competition will be held.

SRC Red Week

11TH June – 21ST June

Student SRC to organize Red Week for all clubs & societies to open booth in recruiting new members and promote their club/societies.

Oor Adaiyalam, Meisilirkum Pala Parampariyam by Indian Culture and Youth Society (ICYS)

19th June – 21ST June

The purpose of this event is to demonstrate the uniqueness of the Indian culture by a presentation of various types of Indian traditional cuisines.

SRC SPORTS CARNIVAL

26th June – 25th July

Sports Carnival will be carried out at various venue in and off campus.

The event will include activities such as E-Sports, Basketball, Badminton, Boards games, Swimming, Tennis, Volleyball and many other categories, providing options for everyone.

2nd APU FRIENDS DAY and INTERNATIONAL AND INTERCULTURAL FESTIVAL

30th June

The aim of this event is to promote intercultural awareness and to promote the diversity of the APU student body. The event will allow individual students, clubs and societies to provide cultural backgrounds to their country, region and customs. Announcing of the winners of the first Intercultural Awareness and Cultural Diversity Digital Story contest and the opening of the ERASMUS+ FRIENDS TEAHOUSE.



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JULY

Kahoot Competition on Tamil Culture 2021 by Indian Culture and Youth Society (ICYS)

10th July

The aim of this event is to keep all APU students involved in the clubs, online. The competition will test students' knowledge about the Indian cultures and traditions.

PLC Design Competition

10th – 11th July

PLC Design competition aims to cultivate teamwork, using their imagination and analytical skills to invent, design and turn ideas into products among young Engineers. The PLC Design competition will be hosted online using MS-Teams and Automation Studio/CX- Programmer & CX-Designer) software.

ARTFUL of Culturist Creations Drawing Competition

11th – 21st July

This is an event to de-stress during this challenging times. Participants are free to draw anything that first strikes their mind regarding Indian culture. It can be traditional clothing, food and festivals.

CLCS CHINESE ORCHESTRA MUSIC CONCERT

21st July

An annual Orchestra by the APU Chinese Language Cultural Society will showcase a Mini-Concert which is proposed to be held on 21 July at Asia Pacific University. Aside from Chinese Orchestra performances, other activities such as photo booth will be offered on the main event day. This concert will be performed by two orchestra groups which are APU CLCS Chinese Orchestra Team and Taman Connaught Secondary School lead by Miss Lem Siaw Kiat.

AUGUST

Bhangra and Bollywood Night

3rd August

A traditional Punjabi musical dance performed during harvest festivals and weddings, characterized by the beating of a large, two-headed drum. This event showcases the Punjabi culture originated from India. Performances such as folk dance and drum beating will be the highlight.



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APU MERDEKA FIESTA

14TH August

Malaysian independence day is celebrated with members of various nationalities in APU and the general public. The aim is to foster greater understanding & mutual appreciation of our country.

Events to be held concurrently as listed below:

- APU Unity Run
- APU Food Fiesta
- APU Fun & Joy
- Heritage of Malaysia
- APU Merdeka Unity Concert

Pakistan Independence Day Celebration

17th August

Pakistan independence day is celebrated by the Pakistani community will highlight cultural performances and traditional food.

SEPTEMBER

ARC RED WEEK

20th Sept – 1st Oct

Student SRC to organize Red Week for all clubs & societies to open booth in recruiting new members and promote their club/societies.

OCTOBER

Pautan Kasih

23rd Oct– 24th Oct

“Pautan Kasih” Programme is a collaboration between APU Malay Culture Society (AMCS) and the village community of Kampung Sg. Merali Batu 4, Jalan Gombak. Throughout this programme, students



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will be able to experience the Malay village culture and lifestyle. Among the activities that will be carried out during this programme are “Gotong-royong”, “Traditional Games”, tug of war, congkak, sepak takraw, foster families and motivational activities with the children.

PALMA

16th – 17th Oct

Collaboration with JKKN and all IPT

Jabatan Kebudayaan dan Kesenian Negara (JKKN) a government branch in collaboration with Asia Pacific University (APU) to organize a singing competition. This competition will see International students singing Malay songs. Vocal classes will be conducted for the 10 finalists for a week.

NOVEMBER

INDONESIAN INDEPENDENCE DAY Celebration

7th Nov -8th Nov

The Indonesian community will showcase their tradition while celebrating their independence away from home.

DEEPAVALI NIGHT

12th Nov

Deepavali literally means a row of Lights. It is a time filled with light and love; a time when Indians all over the world rejoice. It is the darkest night of the darkest period, yet it is a celebration of light! Diwali is heralded as the triumph of good over evil.

This event which is organized by Indian Youth Cultural Society is aimed to showcase the true meaning of Deepavali celebrating in the traditional way.

WRC Robotic Competition

16TH Nov – 19th Nov

WRC ROBOTIC COMPETITION for Primary and Secondary School organize by School of Engineering

1 WORLD CULTURE

20th Nov – 21st Nov



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This is a singing Competition and a dance Competition

SRC International Culture Night

27th Nov

APU play hosts to students from around 130 countries, ranging from a number of continents. Therefore, it is only logical to have an event that brings together all these cultures. The International cultural night is an annual event that showcases the many talents around the world. It has been successfully held over the last few years. Its highlights are performances from different International communities.

DECEMBER

KAZAKH Independence Day Celebration

10th Dec

Celebrated away from home by the Kazakh community in their traditional way together with other communities in APU.

Christmas Celebration

17th Dec

Christmas at APU is an annual event where students and staff members from all walks of life are welcomed to join in on an exciting and joyful early Christmas celebration. It is lined up with Christmas carols, fun games, musical performances as well as a talk on Christmas along with some great food and gifts.